

Five steps to a litter-free hike

Help protect nature by leaving no trace

1

Going hiking?
Bring a bag for your waste.

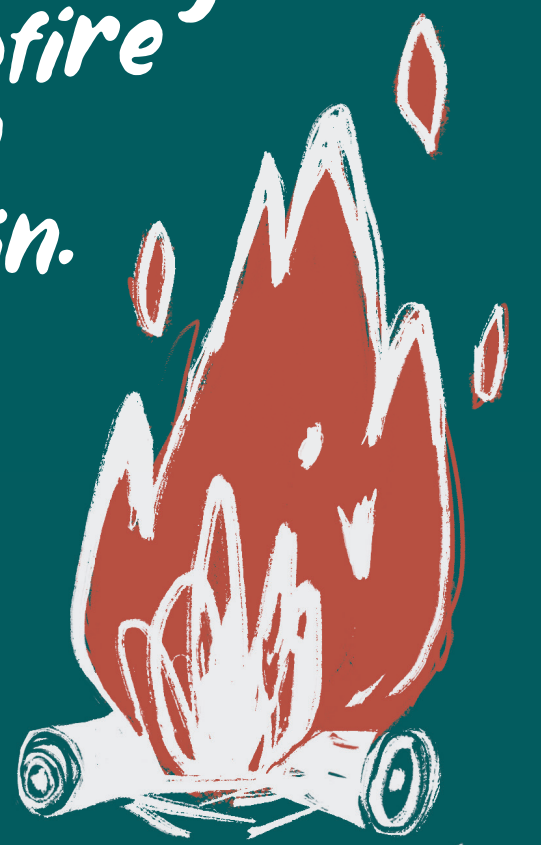


2 Avoid disposable cups. Bring your favourite cup.



3

Burn wood only, the campfire is not a trash bin.



4 Bring your orange peel and other food waste home. Help our wildlife.



5 Be considerate. Take your toilet paper home.



HOLD
NORGE
RENT